



COVID-19 Response:

Due to the continual rise of COVID-19 in Mecklenburg and surrounding counties, I am now offering telehealth sessions to include HIPAA compliant digital formats and telephone sessions. Most insurance companies are reimbursing for telepsychology appointments and there is evidence to support that it is as effective as face-to-face meetings. The situation will continue to be monitored, but at this time it will likely be the fall before in-person sessions resume. Please note if you are a new client, you are welcome to begin online treatment from your computer or cell phone. Please contact me with any questions.